



Tel: +27 86 722 7266

Email: administration@movingmatters.co.za

Move-It, Moving Matters™ for Home Schooling

A testimonial by Brook Tucker in Johannesburg, home school mum of 3 children

"The Move-It, Moving Matters™ Programme is perfect for home schooling families, especially with children aged between 7 - 12 years. The activities are Learner-driven and the material is simply ingenious for developing balance, locomotion and manipulation necessary for a child to progress in sport. In only a few months' time, I witnessed dramatic improvement in my children's body awareness, strength, endurance, confidence and even emotional maturity. I love the Facilitator- friendly manual and the group and self-orientated assessments. Finally, I can ensure that my children are getting adequate physical activity and are developing well. Now they race to challenge each other and themselves...and love to tote Kit Bag around with them. We started with the Blue Kit for the first year and they are begging me for the Red Kit next year!"

