



Some of the pupils who took part in the sports programme at Arthur Ashe.

# Total SA helps pupils to progress in sports

By Hosea Mothei

Total South Africa in association with the school's talent advancement initiative Get Ahead Sports Programme (GASP), hosted a three-day sport event at the Arthur Ashe Complex last week.

About 180 pupils took part at the event and showed exceptional talent and potential for development in sports and engaged with expert coaching teams who assisted in the improvement of the pupil's sporting and sport-leadership skills.

The coaching team consisted of exercise experts from Virgin Active,

Cricket South Africa and Tennis South Africa.

The programme afforded opportunities to athletically talented pupils located in various parts of Soweto to advance in sports.

This initiative was a natural extension of Total's programme which was launched in South African schools in 2010.

The programme ensures that pupils in the intermediate phase engage in an enjoyable physical activity each week.

It is designed to facilitate the development of physical connections which supports the development of one's

ability to adapt to complex and changing environments.

The funding commitment from Total South Africa enables 5 000 pupils within 40 schools to participate in the programme on a weekly basis.

Teachers who volunteer to assist with the programme receive professional training in facilitating the activities.

GASP is a talent advancing vehicle aligned to Sport South Africa's Long-Term Development Plan and was launched in collaboration with Iconage Holdings and a number of corporate partners.